

How to please your life partner based on HumanGuide®?

People are different. Everyone agrees on that. However, we very often forget that fact. Instead we try to please other people based on what we like of our own... Perhaps we follow the old Christian golden rule “Behave to other people in the way that you like yourself”...

However, this behaviour is not smart, except according to values, of course if they are good ones... What to do instead? One solution could be to use the Eight Boxes theory in order to understand other people’s drives/needs.

Below you find recommendations and tips for each of the eight factors, i.e. how to act so your life partner feels loved by you. One more way on the next page.

Sensibility

You need to stimulate many senses. Be caring and warm. Moreover be kind and sensitive! Good if you also care about health and the environment. Strive after harmony.

Power

You need to challenge, tease and have an attitude like “arm-wrestling”. Be straightforward and quick!

Quality

You like to do good actions for other people and society. Have good values, which are appreciated. Be reliable. Have a high moral!

Exposure

You praise the other person – especially don’t criticise the other person in front of others. Have a low profile and give praise in public, when possible!

Structure

You like to plan and make good plans or at least allow the other person to plan. You be rational, foresighted and in control. What you do works well!

Imagination

Be open and flexible! You have uncommon proposals. You have also exciting ideas.

Stability

You be easy to predict and easy to read/understand. You are secure. You like to give gifts, strive to preserve traditions and act in a secure way. You are careful about all values!

Contacts

You like to be humorous and like humour. You like to be with other people and enjoy eating, parties and food. It is fun and easy with you!

NOTE! Of course these recommendations and tips can be useful for other people – not only life partners;-)

The language of love

Gary Chapman has written a book about the five languages of love and they are

- Physical touch (mainly Sensibility...)
- Compliments/praise (important for Exposure, but everyone likes...)
- Quality time, i.e. that you are fully present in the situation (mainly Sensibility, Exposure, but this is more value-oriented...)
- Service (mainly Sensibility, Quality, etc depending on what service...)
- Gifts (mainly Stability and Exposure...)

However...

The most important is to let your life partner to be himself or herself, i.e. to act according to the needs – the strongest factors. It is not wise to try to change another person's needs.